

SYMPHONY POST
EDITION 3 2025

TOGETHER IN HARMONY AT HATHERLEIGH NURSING HOME

Welcome to Our Third Newsletter of 2025!



A Message from the Team:

As summer comes to a close and we prepare to step into autumn, we take a moment to reflect on the warm months that have passed, a season that offered us the chance to recharge, reconnect with loved ones, and bask in the much-needed sunshine. From laughter around the barbecue to golden evening walks and peaceful moments in the garden, these simple pleasures have filled our hearts and reminded us of what truly matters. Now, as the leaves begin to turn, we carry those memories with us, wrapped in warmth and gratitude. We hope you enjoy reading about them and what we have in store for the next three months.

Thank you for allowing us to share these special photos

When people outside our community see photos of you or your family member enjoying activities like flower arranging, gardening, days out, painting ... it can gently attract others who share those same interests to feel this could be the right home for them or their loved one.

Most importantly, this helps bring like-minded people together, so you or your loved one can share hobbies and interests, build friendships and feel a true sense of belonging.

Thank you - your support makes a real difference.



Highlights:

National Fish and Chip day

A firm favourite of all ages is Fish and Chips and what better way to eat it than out of newspaper wrapping and a takeaway box, with the dining room decorated with chip shop style condiment bottles and gingham table clothes, fishing nets and seagulls hung from the ceiling and sea shanties played in the background, giving that seaside feel to the whole experience.



The Big Barbecue

Our big family barbecue was even more memorable this year, mainly due to the adverse weather. In true Hatherleigh fashion we rose to the challenge and did what we do best, got on with it! Spirits were high as we enjoyed the great spread put on by Chef Faye and our kitchen team, some sitting in traditional barbecue style with a plate balanced on their knees...

Cold "n" Rolled provided a delicious frozen treat for dessert and memories were made between loved ones.



Barbecue, Second Time Lucky!

Our second barbecue of the season was also a wonderful success, making full use of our beautiful garden. Friends and family gathered to enjoy the sunshine, share laughter, and indulge in a delicious spread prepared by Gurjeet. The atmosphere was made even more special thanks to Zara and Allan, who brought the entertainment with a selection of much-loved songs that had everyone singing along. It was a joyful afternoon filled with great food, music, and cherished company - exactly what summer is all about.



Religious Services

Over the summer, we have gathered to embrace the enrichment brought through our religious services, led with grace and wisdom by Rev Leigh Winsbury and Curate Jonathan Cook. These moments of worship have offered us space for reflection, spiritual guidance, and a sense of peace and fulfilment. For many of our family members and team, these services have been a source of comfort and connection, reminding us of the strength found in shared faith and quiet contemplation.

Olde Sweet Shop

As many of you know, our admin team has recently moved into the lower ground office to make better use of the space and provide more opportunities for therapeutic and engaging activities.

One of our most exciting new developments is the launch of our very own 'Olde Sweet Shop'. This delightful addition offers a nostalgic taste 'Pic 'n' Mix' of traditional sweets for everyone to choose from and enjoy, creating moments of joy and connection for family members and visitors alike. We would like to extend a special thank you to Sweets & Puzzles, Dawlish for their generous support in helping us purchase the sweets and for donating the jars, adding a wonderful finishing touch to the shop. This new project is another step forward in our commitment to enhancing wellbeing through meaningful activities, while also bringing a little extra fun and sweetness into daily life. Further developments afoot... to be reported in our next edition!



Weekly Calendar Activities:

Gardening Club – Saturdays at 2pm

Get your hands dirty or simply relax and enjoy the garden at any time.

Movie Night – Every Friday at 7pm

Join us for a cozy evening with a classic or a new favourite!

Daily Walks – Every day before lunch

Gentle walks are encouraged and supported – feel free to join us!



Pea and mint soup, picked fresh from our garden!



Upcoming Calendar Events:

September	October	November
Religious Service – 18 th	International Music Day – 1 st	Bonfire Night – 5 th
World Alzheimer's Day - 21 st	World Food Day – 16 th	Remembrance Sunday – 9 th
National day of Arts in Care Homes – 24 th	Wear it Pink Day – 21 st	Armistice Day – 11 th
	Halloween – 31 st	World Kindness Day – 13 th
		International Day of Friendship – 30 th

Reminders:

- ❖ Please label all new clothing items, glasses, and personal belongings. Our team is happy to assist if needed, this helps reduce the risk of misplaced items.
- ❖ We love visitors! Please feel free to visit any time, kindly sign in at reception.

Recent Home Meetings:

We recently held our quarterly Home Meetings, which included both relatives and team meetings. These sessions are an important opportunity for us to come together as a unit, to share, listen and move forward together. We hope you found these sessions useful and productive. Thank you to all who attended and we look forward to seeing you at the next ones!

Recognition Award:

Thank you for voting for the team member who you feel deserves recognition for their contribution to the home.

Recognition goes to ... Karris, Allanah and Prince!



Feedback:

“Keep doing what you’re doing”

- Michael Weaver

“He is changed man from the friend I have been dealing with the past 5 years. I came for the BBQ on Saturday which was lovely”

- Emma Richardson

Team Member Story:

Tamsin Morgan, My Journey Through Hatherleigh Nursing Home

I began my journey at Hatherleigh Nursing Home and into care on 8th September 2016, stepping into a world that would challenge me, move me and ultimately shape who I am today. At 44, I had never experienced such a whirlwind of emotions - joy, heartbreak, pride and deep connections, all in a single shift! It was the most rewarding experience I'd ever had.

As I gained experience as a Care Assistant, leadership came naturally. Because of this, Ashley offered me the chance to try being House Lead, to see if this was something I'd like to do, and it just clicked. From there, I progressed to Care Practitioner, learning medication administration, completing a phlebotomy course, and diving into the Care Practitioner modules. I loved being hands-on and learning new skills that helped me support both the team and the family members.

During COVID, I sustained a back injury that made the physical part of care more difficult. Around the same time, our then Administrator, Rosie (who moved to our Central Support Office in Bristol) and the role became available. I'd worked in admin before, so I asked to transfer, and in September 2021, I began my current role as Administrator.

It was a big shift, with a whole new set of responsibilities, but I've never been one to shy away from a challenge. I threw myself into it and I continue to learn every day. The best part? I still get to see the family members and stay connected to the heart of the home.

My care background supports my admin role in so many ways. I understand dementia and the unique journeys each person goes through. I understand what it means to be there for someone with their personal care needs, and that helps me recognise what families are going through too. This understanding enables me to build trusting, supportive relationships with relatives and friends, and strengthens our holistic approach to care. I also understand minimum standards, care plans, documentation and manual handling from both sides, which allows me to support Ashley and the Senior Leadership Team with confidence and insight.

Every day here is different, but never dull! I arrive between 8:30 and 9:00am, check in on the houses, reconcile hours, manage emails and coordinate with our Central Support team. I support the team however I can, relationship build with relatives and support Ashley with anything she needs. Sometimes I lend a hand supporting our houses and when someone is approaching the final chapter of their life, I feel deeply honoured to sit with them, I offer comfort, especially if they don't have family nearby. If faith is important to them, I gently arrange for a clergyman, because those moments of care and presence truly matter.

I've built lasting bonds here. Sally, who lived here when I first started, is someone I still visit every day. I bring her books I've read, make her black coffee from my pod machine, and sneak in treats! When Alice joined us, I enjoyed coming in on my annual leave to take her to the local market, we ended up having tea and cake together. These relationships don't fade with time, they deepen.

My hospitality background started by studying Hotel Management at Cornwall College and then working through the ranks at Cranfield Management Development Centre, starting as a waitress, up to Restaurant Manager and my final role there being assistant hotel manager, I have a wide hospitality background in hotel management, catering management and even running my own furniture upcycling business, so my love for creativity comes alive when planning events, I go all out with decorations and details to make every celebration feel special.

My son recently joined the care team after trying a few different industries, and it's the first time I've seen him truly enthused about a job. Watching him find joy and purpose in this work has been one of the proudest moments of my journey. If someone is considering a career in care, my advice is simple: don't look back!

The Hatherleigh family has been a huge part of my life for nine years, and I hope it continues to be for many more. Working in care has taught me to seize the day, live fully, and always be kind, you never know what's around the corner.



Sentiments from Ashley:

You'll often read in adverts for care assistants that you need a big heart, and Tamsin is the absolute epitome of this. While the wonderful words she has kindly shared above give you a glimpse into what she does, and the incredible career she has built at Hatherleigh, all of which she wholeheartedly deserves – they don't quite capture the whole picture.

What they don't tell you is just how much Tamsin means to people. She's not only a huge part of life at Hatherleigh, but of the wider community too. Her kindness, her warmth, and the way she always has time for others make her truly special. She brings people together, she lifts spirits, and she makes a difference in the most genuine way – simply by being herself. Her passion for going above and beyond, and for always keeping our family members at the forefront of her mind, shines through in everything she does.

When you hear about being the "right person for care," it isn't always about experience – it's about who you are. Tamsin embodies this completely, always thinking of ways to improve the lives of our family members and showing every day what it truly means to care.

Ashley x

“To Autumn” by John Keats

Season of mists and mellow fruitfulness,
Close bosom-friend of the maturing sun;
Conspiring with him how to load and bless
With fruit the vines that round the thatch-eves run;
To bend with apples the moss'd cottage-trees,
And fill all fruit with ripeness to the core;
To swell the gourd, and plump the hazel shells
With a sweet kernel; to set budding more,
And still more, later flowers for the bees,
Until they think warm days will never cease,
For summer has o'er-brimm'd their clammy cells...

For now, stay safe, keep well, and enjoy the moments that matter.

Please ...click the link, sit back, and enjoy [Neil Young - Harves Moon](#)

Much love x



Contact us:

If you wish to contact the home, the best way to do this is using one of the numbers below.

- ❖ Reception: 01837 811381
- ❖ Belvedere: 01837 811942
- ❖ Fishleigh: 01837 811943
- ❖ Ashley: 01837 811380
- ❖ Main Line: 01837 810602 and choose from the menu

Email: info@hatherleighnursinghome.com