Welcome to

Hatherleigh Nursing Home's

Edition 7 2026 Newsletter



newsletter

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EXCELLENCE * PEOPLE-DRIVEN * INTEGRITY * COMPASSION

EDITION 7

A Warm Welcome!

Welcome to the 7th edition of our newsletter!

Autumn has officially begun and, after an exceptionally hot summer, we hope you will enjoy a snapshot of what has been happening here at Hatherleigh Nursing Home over the past few months.

Summer has drawn us outdoors, enjoying the gardens, sunshine and longer days, but as autumn approaches, a new season brings with it a sense of new beginnings and rejuvenation. That feeling has certainly found its way into Hatherleigh, with much of our focus recently turning to the spaces around our home.

At the end of July, we welcomed the completion of the long-awaited refurbishment of the Belvedere Dining Room and kitchenette, which means we have finally been able to enjoy the space again. What a fantastic job our Maintenance and Estates Team have done. You may also have noticed other areas of the home receiving a spruce-up, with new ways of using the spaces, new dining sets, and meaningful occupation and activity items for our family members to enjoy.

Thank you to all who attended our relatives & friends meeting on the 20th September, all points raised have been noted with a promise to address them 1:1 in the next meeting.

Now sit back, relax, and we hope you enjoy reading this edition.

Much love,
The Hatherleigh Team

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Team Celebrations



We'd like to congratulate Tamsin, former Home Administrator on not only celebrating her 10th anniversary with us, but also seaminglessly stepping into the role of Non-Clinical Interim Home Manager! Come to think of it, we don't think there is a role in the home that Tamsin hasn't done over the years or can't do, and for that we thank her.



With that being said, we of course welcome our new Home Administrator, Lesley-Ann, who brings with her a friendly smile and approachable disposition. If you haven't met already, she looks forward to meeting you!



We've had another milestone anniversary to celebrate, as Louise, Kitchen Team Member has been with us for 15 years - where has that time gone! We feel so lucky to have so many long-standing team members here.

Louise shared: *"It is lovely to have built good friendships with other team members and family members along the way, and to see the positive changes made within the home."*

Last but certainly not least, join us in welcoming Poppy and Finley to our Kitchen Team, both who are locals to Hatherleigh.



You may already know Poppy from her time at The George if you're a local, where she spent time creating tasty dishes. Her love of baking certainly speaks for itself too — if you've had the pleasure of trying her lemon pudding cake, you'll know exactly what we mean. A true winner with us all!

As for Finlay, he has recently graduated from college and is equally as enthusiastic and a true hit with our family members. Finlay plays bass guitar in a band, and we're hoping we might be able to persuade him to bring his bass along and play for us all!

We've Had a Makeover!

Our focus has well and truly been on the environment and occupation, creating spaces around the home that feel familiar and give people plenty to come across as they go about their day. Cosy corners have been filled with cushions and soft blankets, with weekly magazines nearby to flick through over a coffee and biscuit.

A shoe-shine station and writing desk has been set up, along with a dressing table overflowing with hats and scarves, while puzzles and crosswords are within reach for anyone who fancies one. Plants and greenery are bringing more life into the spaces around the home, and afternoon tea is now served on cake stands, making an everyday cuppa feel that little bit more special.



Creative Mojo

Our Creative Mojo sessions with local artist Sandra Caldeira-Dunkerley have become a much loved activitiy. Each visit brings something different to the table, from painting and collage to printing and mark-making, often taking inspiration from nature and the local area, family members across our home come together to take part, we love seeing relatives joining in too!



Sandra shared: *"Creative Mojo is about so much more than making art. It's about creating a space where people feel comfortable to explore, connect with one another and enjoy the process of being creative. Seeing people grow in confidence, share conversations and take pride in what they've created is always incredibly rewarding."*

Strawbridge House Carnival



It started as a fairly ordinary afternoon in Strawbridge House, until Tamsin came across a box of feather headdresses while sorting through some occupation items and took them to show the ladies. Before long, the headdresses were on, the carnival music was playing and an impromptu dress-up had begun. Don't they look fabulous!

Afternoon Tea Anyone?





Why save the nice china for a special occasion? Afternoon tea will always be served with cake stands fresh from the kitchen along with teapots. We have found our ladies especially enjoy these little touches, regulary getting a *"ooh how lovely"*, making an everyday cuppa feel that little bit more special.

Gallery

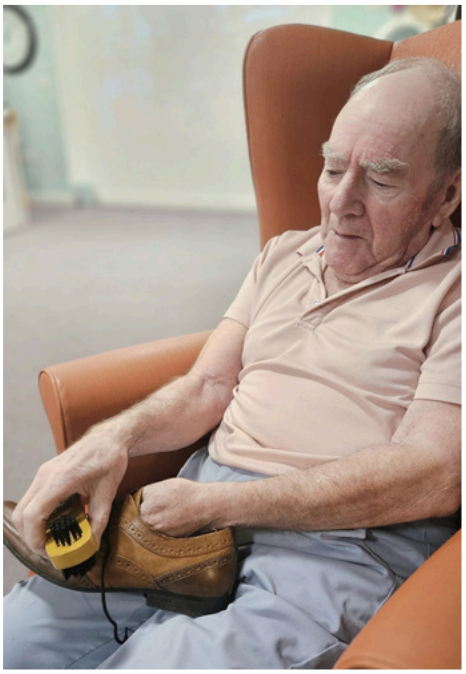


















The WIK Game: Test Your Knowledge

Think you know care inside and out? Prove it!



Learning doesn't have to feel like learning, and that idea began during a family game night when Shrien and Eve saw how much fun everyone was having while playing a trivia card game. It sparked a thought - why not create something just as enjoyable for social care?

From that spark of inspiration, Evolve's WIK board game was born. WIK (world of inescapable knowledge) covers six areas for those working in care. It's a great way to continue testing your knowledge while enjoying a little friendly competition!



We have all played the WIK game during our training days at the Evolve Care Academy, with some of you walking away with cash prizes of up to £100! Now available on Moodle so you can regularly test your knowledge and beat your last score!

The leaderboard is where it gets competitive. Shrien and Eve created the game, but they are no longer top the leaderboard, lets keep it that way! Bravo to Frank Boateng, who is currently Hatherleigh's highest scorer as we go to print. Well done, Frank!

EVOLVE CARE ACADEMY

WIK

Blue Light Discount £

Did you know that working in social care means you're eligible for a Blue Light Card? For £4.99, the card gives you two years' access to thousands of discounts across more than 13,000 retailers, including Jet2Holidays, Nike, Apple, Schuh and Hotels.com.

Whether you're planning a holiday, treating yourself to something new, heading out for a meal or simply doing the weekly shop, download the app and see whats up for grabs! Members can also access ticket ballots and launches for gigs, festivals, sporting events and attractions.



Register now at www.bluelightcard.co.uk or scan the QR code.

Harvest Festival

We welcomed autumn in true Hatherleigh fashion by inviting our local community in to celebrate Harvest Festival.

We began with a harvest blessing before the Hatherleigh singers choir performed for us. It was lovely to see family members enjoy singing along. Our kitchen team prepared homemade butternut squash soup paired with crusty bread, followed by jam tarts and plenty of cuppa's to go around.

A lovely way to mark Harvest together, with good food, plenty of singing and even better company.











Phoebe's Story





For House Lead Phoebe, caring has been part of her life since she was just 10 years old, when weekends spent at her family's care home often involved making cups of tea and lending a hand. Eight years into her own career in care, Phoebe shares where it all began, the moments that have stayed with her and how her journey has led her to becoming a House Lead here at Hatherleigh.

Click to read Phoebe's full story here.

What's to Come

Thursday 1st October - Grandparents Day & National Mad Hatters Day with Creative Mojo

Tuesday 6th October - Wear it Yellow for Mental Health

Tuesday 13th October - National Baking Week

Saturday 31st October - Halloween Celebrations

Thursday, 5th November - Bonfire Night

Sunday, 8th November - Rememberance Sunday

Tuesday, 10th November - Armistice Day

Thursday, 12th November - Mickey Mouse's Birthday with Creative Mojo

Saturday 14th November - Winter Wonderland

Monday, 30th November - St Andrew's Day

Daily activities continue as usual, keep an eye out for Christmas dates up in the home!
Thank you for reading and we hope to see you soon!